

# BMC Smoking Questionnaire

PLACE PATIENT STICKER HERE

**Sex:** Male or Female (please circle)      **Age:** \_\_\_\_\_ years old      **Date:** \_\_\_\_\_

**Height:** \_\_\_\_\_ cm / feet and inches (please circle)      **Weight:** \_\_\_\_\_ kg / pounds (please circle)

**1. Do you currently smoke?**       Yes |  No

If yes: At what age did you start smoking? \_\_\_\_\_ years old

On average, how many packs a day have you smoked?

½ (10 cigarettes)     ¾ (15 cigarettes)     1       1½       2       2½       3

**2. Did you quit smoking?**       Yes |  No |  Not Applicable

If yes: At what age did you start smoking? \_\_\_\_\_ years old

At what age did you quit smoking for the last time? \_\_\_\_\_ years old

On average, how many packs a day have you smoked?

½ (10 cigarettes)     ¾ (15 cigarettes)     1       1½       2       2½       3

**3. Have you been told by your doctor that you have chronic obstructive pulmonary disease (COPD)?**       Yes |  No

**4. Have you been told by your doctor that you have emphysema?**       Yes |  No

**5. Have you been told by a doctor that you have cancer?**       Yes |  No

If yes, what type:

Breast     Lung     Prostate     Colorectal     Melanoma     Bladder     Kidney  
 Pancreas     Thyroid     Endometrial     Liver     Other: \_\_\_\_\_

**6. Does anyone in your immediate family have lung cancer?**       Yes |  No

If yes, who: \_\_\_\_\_

**7. What is the highest grade of school you completed?**

Some high school or less     Graduated high school     Some training after high school  
 Some college     Graduated college     Postgraduate/professional degree

**8. What would you describe your race/ethnicity?**

American Indian/Alaskan Native     Asian     Black     Hawaiian/Pacific Islander     Hispanic     White

**Need Help Quitting Smoking? Try Vincere Health for FREE today: [www.vincere.health](http://www.vincere.health) (617) 858-1231**

Vincere Health offers a FREE program (covered by insurance) – which includes 1-on-1 coaching, financial rewards, and more at no cost!

**BMC Smoking Cessation**

**617-638-SMOK (617-638-7665)**

**<https://www.bmc.org/quit-smoking>**